

Wa-Say Healing Centre Inc.

SUPPORT SERVICES

Our Resolution Health Support Workers (RHSW's) and Cultural Support Providers (CSP's) provide spiritual and cultural support to IRS and IDS Survivors. They also:

- Ensure IRS/IDS Survivors receive health and support services as requested.
- Provide referral services as needed.
- Build relationships with other support providers nationally to develop a forum for discussion of best practices and sharing of approaches and experiences.
- Minimize potential impacts of re-traumatization associated with the provision of support to survivors and their family members by using trauma-informed and healing centered practices.
- Provide workshop sessions on various subjects to support wellness and healing such as grief and loss, addressing the impacts of intergenerational trauma and celebrating intergenerational strengths and resiliency.
- Coordinate support services such as dialogue, ceremonies, prayers, and healing services to IRS/IDS survivors and their families when and where required, paying particular attention to those individuals in crisis.

Wa-Say Healing Centre Inc.

STAFF

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A Bright Beginning



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Wa-Say Healing Centre Inc.

MANDATE

Under the direction of the Board of Directors, Wa-Say Healing Centre Inc. will provide support to Indian Residential School (IRS) and Indian Day School (IDS) Survivors with increased emphasis on after-care programs for Survivors and their families. Wa-Say Healing Centre aims to provide a safe place for everyone.

BACKGROUND

Wa-Say Healing Centre Inc. was established in April 2012 to deliver on a one-year agreement which is subject to renewal annually. The Agreement is signed with Health Canada: First Nation Inuit Health Branch, Indian Residential Schools Resolution Health Support Program (IRS RHSP).

This partnership aims to ensure:

The health and safety of former Indian Residential School (IRS) Survivors before and during all phases of the IRS Settlement Agreement; and

That former IRS Survivors and their families have access to appropriate levels of emotional health and cultural support.

Wa-Say Healing Centre Inc.

VISION

Wa-Say Healing Centre Inc. provides services and programs to support individuals, families and communities affected by the Indian Residential School (IRS), Indian Day School (IDS), and the Sixties Scoop negative experiences.

“Understanding Yesterday; Live for Today; and Plan for Tomorrow”

PROGRAMS

The following programs and any materials needed are provided at no cost to participants:

- Land-based Teachings
- Cultural Awareness
- Spirit Naming Ceremonies
- Drumming/Singing Ceremony Songs
- Talking and Sharing Circles
- Pipe Ceremonies
- Sweat Lodge Ceremonies
- Understanding our History Sessions
- Grieving & Loss Sessions
- Ribbon Shirt/Skirt Making
- Hand Drum Making
- Indian Residential School (IRS) Survivors Support
- Indian Day School (IDS) Survivors Support
- Sixties Scoop Survivors Support
- MMIWG2S Support

Wa-Say Healing Centre Inc.

MISSION

The Wa-Say Healing Centre Inc. Mission is:

“Understanding Yesterday; Live for Today; and Plan for Tomorrow.”

Through our support services, Indian Residential School (IRS) Survivors, their families and communities, can begin to plan their journey to healing and wellness.

Understanding Yesterday: Our Programs are open to all interested in understanding the history of the Indian Residential School (IRS) experience.

Live for Today: Today, many Survivors and their families are beginning to accept and understand what the effects of their experiences have caused within their own families and how to heal from these experiences.

Plan for Tomorrow: After-care for Survivors and their families can begin by planning for the future and begin to live a healthy life through family involvement, sharing and learning Indigenous wellness practices to regain their family values and traditions. Our programs provide an excellent starting point.